Nursing Reference Center (NRC) is a point-of-care reference tool designed to provide relevant clinical resources to nurses. This database offers evidence-based disease and condition information written specifically for nurses, as well as patient education content and drug and reference information. It allows you to get answers to questions quickly, strengthen your nursing skills and read full-text journal articles.

NRC provides access to the following information and resources: CINAHL Nursing Guide (thousands of evidence-based care sheets and quick lessons on procedures, diseases and conditions as well as legal case sheets; reference books; point-of-care drug information; patient education information (more than 3,200 evidence-based documents); best practice guidelines, continuing education modules; and more. Here are some additional details about the resources you have access to in this database:

**Point-of-Care Resources**

- **Diseases and Conditions Quick Lessons**
  Quick Lessons provide nurses with information about diseases including a description of the disease, its signs and symptoms, typical diagnostic tests and the interventions nurses will likely be involved in while the patient is in his/her care.

- **Evidence-Based Care Sheets**
  Nurses can quickly reference Evidence-Based Care Sheets directly at the point-of-care. Care Sheets provide evidence in terms of what is known about a disease or condition and the best way to treat the patient.

- **Cultural Competencies**
  Provides information to help nurses communicate effectively with patients of diverse cultural backgrounds and provides guidelines on how to provide care that is appropriate to the culture and the individual.
• **Point-of-Care Drug Information for Nurses**
  Searchable drug information covering trade and generic drugs, drug classes, IV therapy tips and home care tips. NRC contains information from *Davis's Drug Guide for Nurses* and *AHFS Drug Essentials* as well as current drug news and updates.

• **Patient Education**
  Nurses can provide patients with evidence-based patient handouts at the point-of-care. Content is easy-to-read and contains thousands of detailed medical illustrations. Personalized care notes can be added.

**Continuing Education**

• **Continuing Education Modules**
  NRC offers over 1,400 continuing education modules created by CINAHL Information Systems, an accredited continuing education provider by the American Nurses Credentialing Center (ANCC) and the International Association for Continuing Education and Training (IACET). Nurses who successfully complete NRC’s continuing educational modules can obtain contact hours and earn CEUs.

**Nursing Skills**

• **Nursing Skills and Procedures**
  These clinical papers outline the necessary steps to achieve proficiency in a specific nursing task. Documents outline how the nurse should perform the skill, and provide additional information including a definition of each skill, why the skill should be performed and more.

• **Skill Competency Checklist**
  Forms that can be used to check off each skill, as the nurse demonstrates competency in that particular skill.

**Nursing Resources and Best Practices**

• **Books for Nursing Reference**
  Featured books include *Davis's Comprehensive Handbook of Laboratory & Diagnostic Tests with Nursing Implications*; *Taber's Cyclopedia Medical Dictionary*; *Davis's Drug Guide for Nurses*; *AHFS Drug Information Essentials* and more.

• **Legal Cases**
  NRC provides legal case studies covering malpractice issues in health care. Each study gives a synopsis of the legal case, the contentions of each side, the damages claimed and the outcome. A bibliography with standards of care and other similar legal cases is also included.

• **Research Instruments**
  Includes descriptions of clinical assessment tools, psychological tests, attitude measures and more. The analysis also includes purpose and variables measured, the number of items and questions, the sample population, methodology, how to obtain the instruments and the source of the instrument.

• **Latest Medical News**
  NRC provides *HealthDay News* with FDA updates and daily clinical and drug updates.

Evidence-based nursing practice (EBNP) involves consistent clinical application of the strongest, most current evidence from well-designed studies and practice guidelines to improve the quality of patient care and patient outcomes. Nursing Reference Center provides access to this information to help you care for your patients; using it can strengthen your nursing skills with nursing practice and skill documents that provide an overview of a procedure or skill, desired outcome, facts and figures, step-by-step instructions and more.

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